

Contents

<i>Introduction</i>	1
---------------------------	---

Part One: The Body

1. Isolation	7
The Head	8
The Neck	14
The Trunk	17
The Legs	22
The Arms and Hands	25
The Face	31
2. Coordination	39
The Bends and Torsions	40
Undulation	44
The Block	46
The Collapse	48
Descents, Ascents, and Pivots ..	50

Part Two: The Illusion

3. The Movement of the Mime	57
Pressure	59
Immobility	60
The Clic	63
4. The Mime of the Object ..	65
Contact and Touch	67
Weight and Resistance	71
Manipulation	73
Compensation	79
Actions on Objects: Push and Pull	82
5. The Subject as an Object ..	93
Reactions	93
Walks and Runs	101
Climbs	113
Friction: Wind, Water, and Slide ..	117

Part Three: Creating a World

6. The Mime of the Subject ..	125
Pressure	130
Tendency	132

Combination of Pressure and Tendency with a Touch of Tension	135
Behavior: Speed and Rhythm ..	136
Motivation and <i>Données</i>	139
7. Pantomime	141
The Event	144
The Situation	146
The Conflict	151
8. The Uses of Imagination ..	153
Improvisation	155
Law of Economy	163
The Tradition of Forms	167
9. The Mime: His Limits and His Liberties	175

Appendices

Episodes and Comments from the History of Mime ..	193
Glossary	197
Credits: Performances and Photographs	201